



Jim <sup>the</sup> Shark  
Dreyer

***Ultra-Marathon Strength Athlete***

**Jim Dreyer** was designated a “[Superhuman](#)” when he appeared on the History Channel’s popular TV series, *Stan Lee’s Superhumans* on August 6, 2014. The segment, entitled “The Human Tugboat,” featured Jim successfully towing a 27-ton car ferry while swimming across Newport Beach Harbor, in an astounding aquatic feat of strength. Jim Dreyer now has set 19 world records, and has been called the “next Jack LaLanne.”

Jim’s TV series debut came on the heels of his August 5-7, 2013 event, in which he pulled a ton of bricks for 51 hours while swimming 22 miles alone across Lake St. Clair to Detroit, in support of *Habitat for Humanity*. As the first to combine a world record feat of strength with marathon swimming, Jim Dreyer coined the term “[strength swimming](#).” Now, in moving forward toward his next swimming adventure(s), he has also introduced the term “[open water rucking](#).” These are new twists to open water swimming, which quickly heightened the interest in the sport by the media and public alike.

Jim first partnered with *Habitat for Humanity* in 2012, when he kayaked across the U.S. from Lake Michigan to the Gulf of Mexico. After completing the expedition, he helped build a Habitat home in the hurricane-stricken area of New Orleans.

In 1998, just two years after learning to swim, Jim started his ultra-marathon career with a 65-mile swim across Lake Michigan. He went on to become the first to set records swimming across all five Great Lakes, in a series benefitting the *Big Brothers Big Sisters* program. Highlights include his 2005 self-sufficient swim across the raging waters of Lake Superior, in which he swam 60 miles in 60 hours alone, while towing 250 pounds of supplies and finding his way from Michigan’s Upper Peninsula to Canada. As the first to combine Ironman-distance running and biking with swimming record distances in a continuous event, Jim ran 26.2 miles through the beach sand, biked 130 miles, and swam 56 miles across Lake Ontario in another of his most notable events, in 2000.

Jim also holds a black belt in tae kwon do, and has been an accomplished semi-professional baseball player, cross country skier and just missed making the U.S. Olympic team as a snowshoe competitor.

Jim was appointed by Michigan Governor Jennifer Granholm to the *Mentor Michigan Leadership Council* from 2006 - 2010. During his term, he founded and led the *Adventures in Mentoring (AIM)* program. AIM matches court-involved youth with mentors and trains them in wilderness survival and adventure racing to develop self-confidence and interpersonal life skills.

The open water, Jim’s greatest fear since a childhood near-drowning, has become the playing field for much of his unprecedented athletic success. Controlling fear and harnessing “[Cornerstone Strength in the Face of Burden](#)” is the subject of his inspirational presentations, as an accomplished speaker on the circuit.

Now known as “The Shark,” Jim Dreyer has raised hundreds of thousands of dollars for charity, and in 2015 founded and directed the *Mighty Mac Swim*, ranked the 12<sup>th</sup> highest grossing charity swim in world history ... in just its’ first year!

**[www.JimTheSharkDreyer.com](http://www.JimTheSharkDreyer.com) • [www.Linkedin.com/in/JimTheSharkDreyer](http://www.Linkedin.com/in/JimTheSharkDreyer)  
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